

Rough Draft

Sarasota - Manatee



2 President's Column

Restaurant Etiquette

YAHOO!
16

3-4

Cycle Fest Brochure

CENTURY 17 RIDING
Kayak Adventures

Chipotle's Burritos

Social **5** Committee

Ride **9** & Dine Lunch Bunch

Ride Key **12** & **13-14** Schedules

WHAT'S **19** HAPPENING WITH THE TRAILS?

New **6** Members

20 Sport Drinks & Hydration

Spreading the **6** Word

10-11 Summer Traveling

15 FLAP Awards

Membership **22** Application

Brian Brader, Clare Mannino, Mike Powers, Tom Chiotti, Ann Wright, John Baughman and Tom Bedford at Popi's before the start of the century ride on Sunday July 20. (not pictured: Kendra Drobnak and Heidi Habegger).